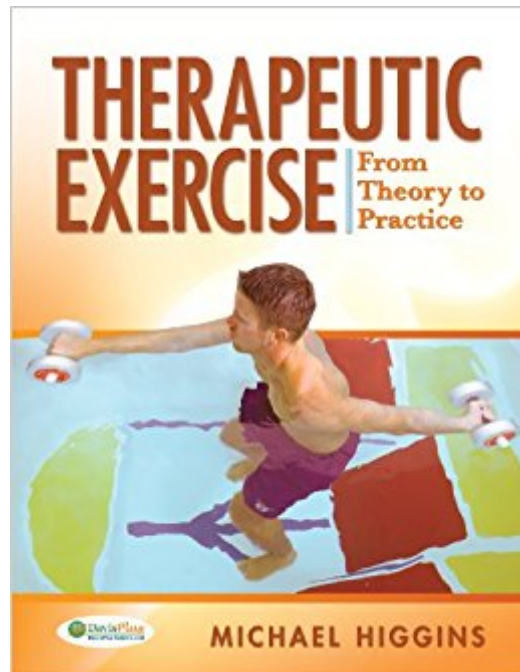




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Therapeutic Exercise: From Theory To Practice



Synopsis

Hereâ™s the text that builds a strong foundation in the science of sports medicine, and teaches you to apply that knowledge to the planning, development, and implementation of therapeutic exercise programs for specific dysfunctions for all joints of the body. Youâ™ll begin with an introduction to the science behind rehabilitation and the application of specific techniques. Then, for each joint, guided decision-making, chapter-specific case studies, lab activities and skill performance help you meet all of the competencies for therapeutic exercise required by the NATA.

Book Information

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Customer Reviews

I am a physical therapy student that recently graduated with my athletic training degree. This book was one of the required reading for my therapeutic exercise class in undergrad. This was an excellent book. I used this as a reference in many of my athletic training classes. After I graduated with an athletic training degree, I started pursuing my doctoral degree in physical therapy. This semester I am taking a therapeutic exercise class and I have been using this book as a reference throughout this course. Although we have other books for this class, I think that the layout in this book makes it easy to refer back to topics we are discussing. Many of my classmates like to sell back their textbooks but this is one that I will keep in my library and will also use it to help study for my boards exam. I would definitely recommend this book for anyone interested in therapeutic exercise.

Nice book...

Very easy read and it came in the mail quickly.

This company is in India. They ship from India. The items are not the US versions. They fail to tell you any of this in the descriptions ANYwhere. After much complaining, I received a credit of like \$5. It still does not change the fact that it was a total misrepresentation all the way around. Be cautious when using this company! If you want to buy from US sellers, this is not the way to go!!!

Unfortunately, due to time restraints, we could not return and buy elsewhere! Nothing erks me more than a company misrepresenting themselves or their products!!! I would NOT purchase from them again! Look at their feedbacks and you will see many of their customers have Indian sounding names, that should have been my first clue. My mistake there but who knew they would fail to tell you? I do now!

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